

Additional information

All Blossoms' Doctors are employed directly, so you won't be seeing a 'Locum' or temporary Doctor. If you'd like to request to see the same Doctor in the future, you can do so at any time.

Your Doctor may feel that further tests, for example additional blood tests, are warranted to confirm any diagnosis. Please do consider that you may need to pay for any additional tests yourself, as your employer or your private medical insurer may not cover the cost of any additional tests. Any additional tests may also be available from your own GP.

With your consent, we will also be pleased to send copies of your health assessment report to your own GP, who may also be able to provide any supplementary tests that may be suggested.

Please do contact your employer, your GP, or your private medical insurance provider to clarify your personal situation before committing or agreeing to have any additional tests following your health assessment.

If you choose to return to see your Blossoms Doctor in person after your health assessment, you may also incur additional private consultation fees.

Cancelling or re-scheduling your assessment

We are pleased to let you know that you can cancel and re-schedule your assessment at any time up to 24 hours before your assessment. However, less than 24 hours notice of cancellation, or non-attendance on the day, incurs a 100% cancellation fee.

If you are aware you may be late for your appointment please contact our administration team on 020 7489 1136 at the earliest opportunity and every effort will be made to accommodate you. Regretfully, we cannot guarantee to be able to complete your health assessment if you do not arrive on time.

Contact details

Please feel free to contact us at any time on:

020 7489 1136

Email:

enquiries@blossomshealthcare.com

Web:

www.blossomshealthcare.com

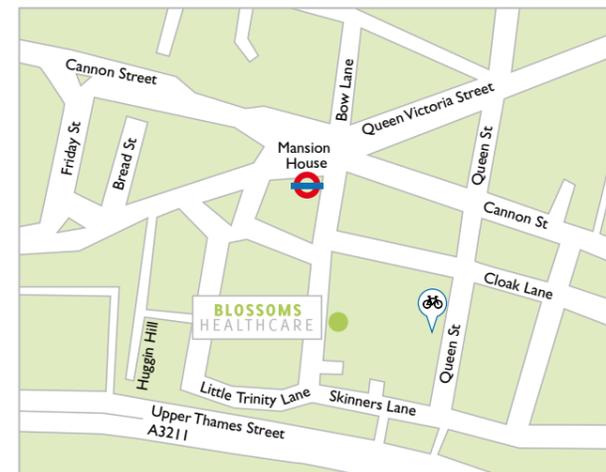
Head office address:

Blossoms Healthcare

21 Garlick Hill

London EC4V 2AU

City of London clinic



Canary Wharf clinic



BLOSSOMS
HEALTHCARE

GP SERVICES • EXECUTIVE MEDICALS • OCCUPATIONAL HEALTH

Blossoms Breast Care



BLOSSOMS
HEALTHCARE



Introduction

Regular screening prevents deaths from breast cancer. Screening can find cancer early, before you know it's there. The earlier breast cancer is found, the better the chance of surviving it. Blossoms Breast Care screening service is designed to provide the fastest possible diagnosis, with as little anxiety for patients as possible.

Breast cancer is the most common cancer in women. There are around 46,000 cases diagnosed and about 12,000 lives claimed by the disease every year¹. Finding early breast cancers means they are usually easier to treat and are more likely to be cured (survival rates are worse the later the stage of the disease at diagnosis), so many doctors feel that breast screening saves lives.

About the service

Blossoms Breast Care builds upon a traditional mammogram to also offer on-the-spot results and reporting using state-of-the-art equipment, in an environment specifically designed for providing specialist breast care. That means no waiting for the results of the mammogram, or any secondary tests need to confirm a diagnosis.

What does Blossoms Breast Care include?

The service provides a bi-lateral, full-field digital mammogram, with results available during the appointment. If any problems are found on the scan, the service also includes secondary tests, such as an ultrasound, biopsy and appointment with a consultant breast surgeon. All the tests are done straight away with results quickly available, without any separate appointments or additional fees.

¹Source: <http://www.cancerscreening.nhs.uk/breastscreen/>

What's different about the Breast Care service?

The steps that make Blossoms' service different to a traditional mammogram are that as well as the digital mammogram, the service also includes the common secondary tests (with the exception of stereotactic biopsies) required to reach a definitive diagnosis – and all in one visit.

With a consultant breast surgeon appointment also included if required, there is no wait for results (unless the images are inconclusive), there's no 'recall' for more tests and no additional fees. That means there's also no need to make a claim under a private medical insurance policy.

How long do appointments take?

The mammography appointments take about 20 minutes, unless more tests are needed, in which case the appointment may take another hour.

Where is the service provided?

After your consultation or health assessment with your Blossoms GP, a referral is made to a specialist screening centre. The screening service is provided from two peaceful, beautifully decorated waiting rooms more akin to a home than a hospital, and the various rooms

“ Screening is the best way of enabling breast cancers to be detected as soon as possible, which leads to simpler, more effective treatment. ”

Dr Emma Pennery, Clinical Director, Breast Cancer Care

(for consultations, mammograms and pathology) are next door to one another, which provides the highest standards of care, as well as aiding any inter-speciality discussions.

Why do I need to see a Blossoms doctor first?

As mammography can represent a very small health risk, it's important that you are able to fully discuss your medical history with a GP before the assessment, to make sure that the scan is appropriate to your individual circumstances. The GP will complete a referral form, which will be sent to the assessment centre before you arrive for your mammogram.

What happens to the results?

Although you will normally be provided with all your results during your visit to the specialist centre, very occasionally images can be inconclusive (in about 3% of patients), which can delay the results slightly. A detailed medical report is also sent back to the Blossoms GP and, with your consent, copies of all the results will also be sent to your own GP.

Risks associated with mammography screening

Mammograms involve x-rays and although they only use a very small amount of radiation (particularly as Blossoms only use digital imaging) there is a very small risk that this could affect your health.

Screening can result in further tests being recommended, however, most lumps found in scans turn out to be benign. Having a mammogram can be uncomfortable and can also cause anxiety, particularly if additional tests are suggested.

Although using digital mammography improves the image quality available, particularly among those under 50, breast screening will not pick up every breast cancer and cancers may still occur in women having regular breast screening.

Even considering the risks, the consensus of opinion (from Cancer Research, MacMillan Cancer Support, Breakthrough Breast, the NHS and most health professionals) is that the benefits of breast cancer screening outweigh the risks.

